You are probably a caregiver if you...

- Care for someone with Alzheimer’s or a chronic illness
- Run errands or do chores
- Attend personal needs such as dressing, bathing, eating, or toileting
- Prepare daily meals

Yes... All are a part of Caregiving.

Who is eligible?

- A primary caregiver for an older person age 60+ or any age if person has Alzheimer’s disease or a related dementia

- A grandparent or relative caregiver, age 55+ for a child age 18 or younger or an adult child age 19-59 with a severe disability
Five basic services offered to caregivers include:

1. Information on available services;

2. Assistance in gaining access to services;

3. Education, counseling, support groups, and caregiver training;

4. Respite care to provide a temporary relief or break; and

5. Supplemental services, on a limited basis, to complement the care provided.